

HAWAIIAN SWIMMING
Oahu East Classified Meet (LCM)
Kaneohe District Park Pool
Saturday, May 3, 2008

- SPONSOR:** Hawaiian Swimming
Co-Sponsor: Rainbow Aquatics
- SANCTION:** Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20080503-BOWS**
- DATE:** Saturday, May 3, 2008
- POOL SITE:** Kaneohe District Park Pool
44-660 Keaahala Road
Kaneohe, HI
- COURSE:** Long Course, 50 Meters, 8 lanes
- TIME:** Session 1: Warm Up: 7:00 AM - 8:15 AM
Session Start: 8:30 AM

Session 2: Warm Up: Immediately upon Session 1 conclusion
Session Start: Approx. 1 hour after conclusion of Session 1
- RULES:** Current USA Swimming and Hawaiian Swimming rules will govern meet.
- FORMAT:** Timed finals, using an automatic timing system with manual watch backup. The meet shall be conducted in two (2) sessions, in which the "four (4) hour rule" will be in effect for swimmers of age 12 and under (11-12 year olds may swim only one session)
- EVENTS:** See attached.
- DIVISIONS:** 8&U, 9-10, 10&U, 11-12, 13-14, 15-16, 17-18
- ELIGIBILITY:** All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or entry file. No deck registration will be accepted. **All new registrations must be mailed directly to the LSC Registrar and postmarked no later than 5 days before the meet date.**
- ENTRIES:** Swimmers may enter a maximum of four (4) individual events. Fines for swimming out of classification will be based on the LSC database results of the past 2-year schedule. Master Recap sheets must be included with the entries.
- DISTANCE EVENT REQUIREMENT:** Swimmers must have achieved a HI-A time in the 100 M/Y length of a stroke for entry into the 200 M/Y length of the same stroke. Swimmers must have achieved a HI-A time in the 200 Free M/Y for entry into the 400/500 M/Y Free. Swimmers must have achieved a HI-A time in the 400/500 Free M/Y for entry into the 800/1000/1500/1650 M/Y Free.
- I.M. EVENT REQUIREMENT:** Swimmers must have achieved a HI-A time in at least one (1) of the four (4) 100 M/Y strokes or 100 I.M. for entry into the 200 I.M. Swimmers must have achieved a HI-A time in the 200 I.M. for entry in the 400 I.M.

ENTRY FEES: \$4.00 per swimmer entered per day (includes \$1 LSC fee) and \$3.00 per relay entry.

Make checks payable to: **Rainbow Aquatics**

ENTRY DEADLINE: Hy-Tek Meet Manager will be used. **Entries must be RECEIVED NO LATER than Monday, April 28, 2008 (5 days prior to meet).** No late entries will be accepted at the meet.

E-mail entries to: sakai004@hawaiiantel.net
Or mail entries to: Edna Sakai (Ph: 808-554-0446)
46-454 Kuneki St.
Kaneohe, HI 96744

CHECK-IN/ SCRATCHES: This meet will be pre-seeded with the exception of the 400 I.M. and 1500 Free. **Scratches for Session 1 are DUE BY NOON on Friday, May 2, 2008.**

Coaches of/or Swimmers entered in the 400 I.M. and/or 1500 Free must positively check-in with the Clerk of Course by 7:45am May 3, 2008, to be seeded to swim their respective event(s). Failure to positive check-in will result in the swimmer(s) being 'scratched' from their respective event(s).

Scratches for Session 2 are due by 10:00am on Saturday, May 3, 2008. Relay cards are due by the Start of Session 2.

Coaches need to personally present their credentials to pick up heat sheets from the Clerk of Course; exceptions must see the meet referee.

WARM-UPS/ WARM-DOWNS: Warm-ups and warm-downs must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. **Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times. The Meet Referee and Marshal(s) will enforce registration rules regarding coaches.** Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer from competition.

AWARDS: Individual ribbons will be awarded for 1st through 8th places in each age group and classification for each session.

RESULTS: Results will be posted on the Hawaiian Swimming website. Hard copy of meet results will be provided only upon request.

OFFICIALS: Each team is required to provide one (1) official for every five (5) swimmers entered in the meet. For those clubs entered with less than five (5) swimmers, at least one (1) official will be required. Timers are considered officials. **Teams may be pre-assigned lanes for timing.**

MEET REFEREE: Mei Nakamoto

MEET DIRECTOR: Ryan Muraoka
muraoka.rk@pg.com
808-523-0033

HOSPITALITY: Refreshments will be available for Officials and Coaches during the meet.

CONCESSION: A concession will be available throughout the meet.

ADDITIONAL INFO: ** Park in marked stalls only. Do not park in fire lane. Improperly parked cars will be ticketed and/or towed. Overflow parking is available across the street.

** Pool and Park rules will be enforced.

** Only Officials, Timers, Coaches, and Swimmers should be on the pool deck. Swimmers are to return to their team area soon after they have completed their event(s).

** No food will be allowed on the pool deck (except for officials, timers, and coaches).

** Use of cell phones, cameras, and other recording devices in bathrooms/locker rooms is STRICTLY PROHIBITED.

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Order of Events

SESSION 1

GIRLS			BOYS
EVENT #	AGE GROUP	EVENT	EVENT #
1	12 - 18	400 I.M.	2
3	11 - 18	200 I.M.	4
5	11 - 18	100 FREE	6
7	12 - 18	200 BACK	8
9	11 - 18	100 BREAST	10
11	12 - 18	200 FLY	12
13	11 - 18	50 FREE	14
15	12 - 18	200 BREAST	16
17	11 - 18	100 BACK	18
19	11 - 18	100 FLY	20
21	11 - 18	200 FREE	22
23	12 - 18	1500 FREE	24

GIRLS			BOYS
EVENT #	AGE GROUP	EVENT	EVENT #
25	12 & UNDER	50 FLY	26
27	8 & UNDER	50 FLY	28
29	12 & UNDER	50 BREAST	30
31	8 & UNDER	50 BREAST	32
33	12 & UNDER	100 BACK	34
35	12 & UNDER	100 FREE	36
37	12 & UNDER	200 I.M.	38
39	8 & UNDER	50 BACK	40
41	12 & UNDER	50 BACK	42
43	8 & UNDER	50 FREE	44
45	12 & UNDER	50 FREE	46
47	12 & UNDER	100 FLY	48
49	12 & UNDER	100 BREAST	50
51	12 & UNDER	200 FREE	52
53	12 & UNDER	200 MEDLEY RELAY	54